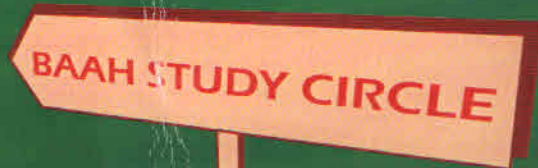




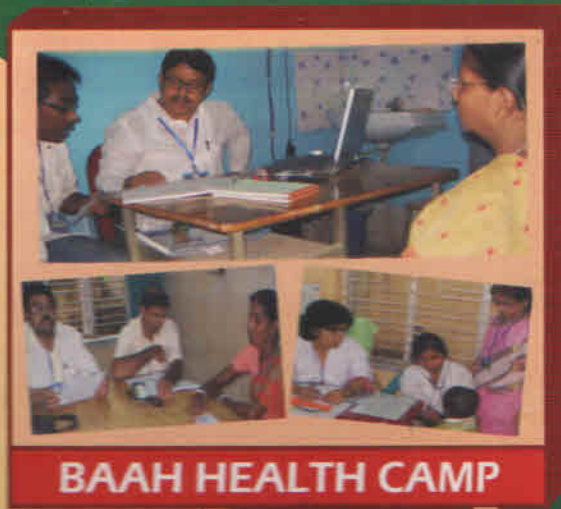
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Acid group - The befitting medicines for 21st century Man

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Ambitiousness is a marked feature of the today's competitive 21st century personality. To achieve the ambition an anxiety state prevails to fulfill the target. Accompanying to anxiety, restlessness, prostration, irritability, unusual depression, oversensitive are also marked. Mental state of Today's unending aspiring personality depends upon the circumstance of his success or failure. Fortunately these circumstantially mental states are found in the proving symptoms of the Acid group. Let us have a glimpse over the prominent common mental symptoms of Acid group.

Discussion:

Acids mental pathology starts from their inborn mental trait of fear & anxiety. Fear of disease & death is seen in the first stage of pathology of Acid group of individuals. Constant fear leads to tremendous anxiety, which always accompanies the person, and particularly anxiety about health. *For example: Unnecessary anxiety towards health & particularly to cancer, which is the chief symptom of Acid. Nitric, ranks 3 marks in Synthesis repertory.*

On analyzing the Materia Medica & Repertory, it is observed that at least a dozen of the acids produced anxiety state & fear in their proving symptoms.

Drugs for anxiety with their gradations in repertory are:

Acet-ac, Benz-ac, Buty-ac, Fl-ac, Hipp-ac, Hydr-ac, Mur-ac, Nit-ac, Ox-ac, Ph-ac, Sul-ac, Sulo-ac.

Similarly drugs for fear are:

Acet-ac, Buty-ac, Fl-ac, Hydr-ac, Mur-ac, Nit-ac, Ox-ac, Ph-ac, Sul-ac.

Drugs with specific fears are:

Fear of death: *Fl-ac, Hydro-ac, Nit-ac, Ox-ac, Ph-ac.*

Fear of disease impending: *Carb-ac, Nit-ac, Ph-ac.*

Fear of cancer: *Fl-ac, Nit-ac.*

Fear of misfortune like *Mur-ac, Hydr-ac.*

So anxiety towards future & fear of misfortune coupled with anxiety towards bad health and disease makes his life miserable.

Usually the persons who are anxious are usually restless and hurried in order to achieve their expectation. So the acid personalities work more with tremendous hurriedness. So restlessness and hurriedness are both very strongly seen in Acid group of individuals. In the repertory it is observed that **restlessness** is marked in 13 acids during proving such as: *Buty-ac, Chrom-ac, Desm-ac, Fl-ac, Gal-ac, Hydr-ac, Lac-ac, Mur-ac, Nit-ac, Nit-mur-ac, Ox-ac, Ph-ac, Sul-ac.*

Similarly rubrics like **hurriedness** are found during proving in acids like:

Benz-ac, Nit-ac, Ox-ac, Ph-ac, Sul-ac.

The person who is very often restless due to unnecessary anxiety & hurriedness & works more and more, has every chance of landing into a state of exhaustion, prostration and weakness both in mental and physical sphere.

In the proving of Acids, symptoms of **prostration** are also observed in many provers both in mental & physical sphere such as: *Acet-ac, Carb-ac, Fl-ac, Mur-ac, Nit-ac, Ox-ac, Ph-ac, Pic-ac, Sul-ac.*

Weakness of memory is found in 9 Acids like:

Acet-ac, Carb-ac, Fl-ac, Lac-ac, Ox-ac, Nit-ac, Ph-ac, Pic-ac, Sul-ac.

This prostration is of different type in different Acids:

Emotional exhaustion / numbness - Ph-ac.

Mental exhaustion/prostration - Pic-ac.

Physical exhaustion or tiredness - Mur-ac.

For an anxious, restless, mentally or physically prostrated person because of non-achieving his desired aspirations, mental activity of any kind becomes very difficult. He wants to withdraw him

from all social responsibilities. So to avoid any responsibility, communication with others shows indifference or apathy, when situation arises.

In proving this symptom was also produced in atleast 9 Acids such as: Acet-ac, Buty-ac, Fl-ac, Hydr-ac, Mur-ac, Nit-ac, **Ph-ac**, Pic-ac, Sul-ac.

If an indifferent, prostrated, mentally exhausted person entrusted with some social responsibility like office work, family burden, the person becomes irritable, angry when being compelled to undertake such task. And this symptom also has incidentally in many Acids whose gradation is found in repertory is as follows:

Irritable: Acet-ac, Benz-ac, Carb-ac, Fl-ac, Gal-ac, Hip-ac, Hydr-ac, Mur-ac, Nit-ac, Ox-ac, **Ph-ac**, Pic-ac, Sarcoc-ac, Sul-ac.

Anger: Acet-ac, Desm-ac, Fl-ac, Hydr-ac, Mur-ac, Nit-ac, Ph-ac, Sul-ac.

In certain situations if an anxious, restless & exhausted person is forced to carry certain responsibilities which he is unable to perform because of physical & mental prostration develops depression & the symptom **depression (sadness) is found in the following drugs in the repertory:**

Acet-ac, Benz-ac, Buty-ac, Carb-ac, Chr-ac, Fl-ac, Hydr-ac, Mur-ac, Nit-ac, Ox-ac, Ph-ac, Pic-ac, Rib-ac, Sal-ac, Sarcoc-ac, Sul-ac.

If the person is a high official and subordinates don't co-operate to share his responsibilities & doesn't help him to complete his work develops vindictive attitude, towards subordinates.

This symptom of Vindictive (**Malicious**) is found in atleast 3 drugs such as: Flour-ac, Nit-ac, Ph-ac.

All these circumstances fear, anxiety, restlessness, prostration, anger, depression lands the person into a serious mental state of frustration, leading to a stage of indolence and sluggishness with no desire to take any responsibility. Interest towards different aspects of life is lost and becomes motionless with irritability, anger, vindictive attitude.

Their gradation in Synthesis:

Indolence (Laziness): Carb-ac, Hydr-ac, Lac-ac, Mur-ac, Nit-ac, Ox-ac, Ph-ac, Pic-ac, Sarcoc-ac.

Oversensitivity always accompanies irritability, indifference, tiredness etc.

So Acids develop oversensitiveness to external stimuli at mental as well as physical level in the latter part of their suffering.

Nit.acid is so sensitive like Theridion, Ferr.met – Slightest scratch of paper is unbearable for him.

The gradation of acids in repertory:

Sensitive,

to **Light exercise, shaving** – Carb-ac, Ox-ac.

to **Light** – Gal-ac., Desm-ac, Fl-ac, Mur-ac, Nit-ac, Ph-ac.

to **noise** – Fl-ac, Lac-ac, Mur-ac, Nit-ac, Ox-ac, Ph-ac.

to **Odors** – Carb-ac.

to **pain** – Nit-ac.

So truly observing the above characteristics, Acid mental state will be fitting to 21st century personality who are very much ambitious with endless desire and hence develops much anxiety leading to restless life and usually becomes depressed, indolent because of non-achieving it. Along with this mental state desire for fat, salt, fruits and sour, spicy and alcohol are also marked features of acids which are also usual cravings of man of modern civilization.

Comprehending this if Nitric. Acid, Sulph. Acid, Fluric Acid, Phos. Acid, Picric Acid, other well proved acids will be prescribed considering their indications, many obstinate cases of anxiety neurosis, depression, restlessness and other psychiatric cases can be cured.

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