

# SOUVENIR

## National Homoeopathic Seminar-2009

ON

### HOMOEOPATHY IN NEUROLOGICAL DISORDERS



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Venue: Swosti Premium, Bhubaneswar



Host:

Dr. Abhin Chandra Homoeopathic  
Medical College & Hospital, Bhubaneswar



Department of AYUSH  
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## HOMOEOPATHY IN NEUROLOGICAL DISORDERS

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The brain, spinal cord and peripheral nerves constitute an organ responsible for perception of the environment, a person's behavior and maintenance of body's internal milieu in readiness for his behavior. 10% of the population consults their general practitioners each year with a neurological symptom in the United Kingdom. Neurological disorders account for about one fifth of acute medical admission and a large proportion of chronic physical disability. So careful attention to these cases by appropriate treatment will not only save many lives but also prevent its crippling effect on many patients saving them from severe disabilities. Homoeopathy and neurology are very much linked with each other. Homoeopathy has got better scope in treatment of various neurological disorders in comparison to other systems. But more than that is homoeopaths require a deep knowledge on neurology i.e. a person's behavioral pattern and the body's internal milieu entirely in the process of selection of remedy. A classical homoeopathic selection depends upon the mental symptoms of the patient, his personality, his psychological makeup like temperament, will, intellect, emotion which are expressed through their speech, mood, thought content, abnormal beliefs. While selecting the simillimum all these mental spheres are indispensable to consider and more specifically if there are symptoms related to abnormal beliefs which include delusions, illusion, hallucination.

So not only Neuro-psychology play a major role in selection of simillimum but also there is a great scope in treating some chronic crippling diseases of neurological origin by homoeopathy. In the authors practice the diseases which frequently come for consultation are as follows in order of their frequency of visits.

- 1) Cervical spondylosis
- 2) Compression of spinal cord
- 3) Cervical spondylotic myelopathy
- 4) Migraine and headache
- 5) Trigeminal neuralgia
- 6) Post herpetic neuralgia
- 7) Hemiplegia due to stroke
- 8) Motor neuron disease
- 9) Muscular dystrophy
- 10) Neoplastic (benign and malignant)
- 11) Hydrocephalus
- 12) Cerebral alsy

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- 13) Dementia
- 14) Dizziness, blackouts, vertigo
- 15) Sleepiness and sleep disorders
- 16) Speech and brainstem function
- 17) Multiple sclerosis
- 18) Diseases of peripheral nerves – peripheral neuritis
- 19) Brachial plexus lesion
- 20) Parkinson's diseases and akinetic rigid syndromes
- 21) Alzheimer's disease
- 22) Gullain Burry syndrome
- 23) Syringomyelia etc.

Unlike other tissues neurone once damaged are not replaced or regenerated and hence when damaged the patient suffers with irreversible diseases. But homoeopathy is observed to be very effective in cases like spondylosis, cerebral palsy, dementia, hemiplegia, migraine, benign brain tumors, motor neurone disease, muscular dystrophy etc.

Cervical spondylosis is a very common problem in the society now and 5% of population suffer from cervical spondylosis. A clinical research was carried in Dr. Abhin Chandra Homoeopathic Medical College and Hospital, Bhubaneswar on cervical spondylosis. The results were encouraging. Drugs given basing on strict principles of homoeopathic totality brought excellent result. The most important constitutional drugs were :

- Sycotic Co.
- Rhus tox.
- Medorrhinum
- Bryonia
- Kalia
- Calc. phos
- Phyto.
- Rhodo.
- Cimicufuga
- Graphites
- Syphillinum

Rare drugs also helps in partial indicated symptomatic cases. The drugs which are helpful basing on keynote are often helpful in practice. An anatomical correlation is made here between the spinal nerve compressed and medicines specifically indicated for those compressed nerves which produce symptoms on the muscles of upper arm and lower arm. So when all these spinal nerves are

compressed they produce pain in entire upper and lower arm and hand, which extends from neck. The drugs which produce pain in neck and extends to hand in Materia Medica both to left and right can be distinguished are as follows.

#### *Pain neck radiates to left arm*

##### *Paris quadrifolia (+C4)*

- C4 supply – neck, upper part of chest
- Weight feeling in the nape of the neck
- Lt. intercostals region extending to lt. arm
- Numbness of fingers and arms
- <-exertion, evening, touch. >-Open air, rest
- Garrulous. \*Dry tongue without thirst

##### *Kalmia :*

- Affects C5, C6, C7 and T1, T2, T3
- Extends to lt. arms and fingers
- With tingling and numbness
- With vertigo
- <looking down, motion, open air.

##### *Rhodium :*

- <4-7 p.m. mental exertion
- Intol. – to sweet

##### *Hydrogen :*

- Acute case
- Current like pain
- > hot bath

#### **PAIN NECK RADIATES TO RIGHT ARM**

##### *Solanum Lycopersicum*

Rheumatic pain in rt. Elbow, wrist and hand

- <open air, motion, jar, noise
- > Warm room, tobacco
- With dust allergy

##### *Ferrum Picric*

- Spondylosis due to over exertion in the aged.
- Dark haired plethoric person.

- Associated with BHP causing frequent urination at night.
- Impaired liver function.

**PAIN IN NAPE OF NECK RADIATING TO BOTH UPPER ARMS**

Nux. V, Nat. m., Chel.

C2, C3, C4 involvement.

**PAIN IN NAPE OF NECK AND RADIATING UP AND DOWN THE NECK**

Radium brom

- Pain and lameness with vertigo
- <-stopping head; night
- >-standing or sitting erect, open air, motion, lying
- With pain and heaviness felt in arms all over, > moving about
- FAGOPYRUM
- \* Especially for aged peoples.
- >-coffee, bending head backward
- <-afternoon
- Pruritus > -bathing in cold water

Menyanthes

- > -Stooping, motion, hard pressure
- < - rest
- Extends to vertex
- With diabetes

X-Ray

- \* Sudden cricks in neck
- Pain behind ear
- < lifting head from pillow, afternoon, evening, open air

**PAIN EXTENDS TO BACK OF HEAD & OCCIPUT**

China Sulph

- Sensitive C7 & T1
- Pain radiates up
- Acute cases for immediate relief
- With vertigo
- < -Pressure

*Eup. Purpureum*

Pain extends up more to lt. with vertigo

- <-cold air,
- Starts in morning peak at evening

*Zinc Phos*

Headache with vertigo

With nervousness

With brain fag

With sleeplessness

### **PAIN NECK EXTENDS DOWN**

*Strychninum*

- Rigidity of cervical muscles
- Sharp pain in nape down spine
- Icy sensation down spine

*Xanthoxylum*

Pain nape extending down back with numbness of left arm

- <-hot weather

*Medorrhinum*

- >-sea shore, damp weather
- Craves alcohol
- Desire – salt, sweet, ice
- Intense thirst
- Intense burning heat in Cvt radiating down.

### **INVOLVEMENT OF C5 CAUSES PAIN IN DELTOID**

Left deltoid

- Nux Mosch

Right deltoid

- Lycopersicum Aescu
- Psilociba Caerulex

### **PAIN MORE FELT IN LEFT SCAPULA**

*Chen Glauciaphis*

- Lower inner angle of lt. shoulder blade

- Aversion meat & bread
- Constipation

Onosmodium

- Pain with vertigo, numbness & muscular tiredness
- >- lying on back
- < motion, jar, tight clothing

Zinc Chromate

- Pain below and above lt. Scapula
- < motion, lying on back

**PAIN MORE FELT IN RIGHT SCAPULA**

Chelidonium

- Lower and inner angle
- <-change of weather, morning, motion
- > pressure

Chen. Anthelminticum

- Rt. Shoulder near spine
- With vertigo

Juglans Cinerea

- Impaired liver
- Gallstone
- Occipital headache

Oleum Animale

- Aching in rt. Scapula
- Cracking in cervical region
- < rising head, rabbing, pressure, cold

**PAIN IN LEFT DELTOID**

Nus Mosch

- Desire – coffee
- Intol – warm food and drink
- < cold wind, motion, jar
- > warm dry weather

### PAIN IN RIGHT DELTOID

#### Psilociba caerulea

- Movement, cold
- With sensation of block of ice on the part

#### Lycopersicum Aesculantum

- Pain in rt. Deltoid with pain in pectoralis muscles.
- < open air, motion, jar
- > lifting arm upward and outward

### C6 INVOLVEMENT CAUSES PAIN IN LATERAL FORE ARM, INDEX FINGER AND THUMB

#### Gymnocladus

- Violent pain lt. Forearm in radius and index finger as if bones are crushed.
- < cold and walking
- > leaning against something and rest

#### Anagalis

- Pain in shoulder, arm with cramps in balls of thumb and fingers.
- < touch

### INVOLVEMENT OF T1 CAUSES PAIN IN SHOULDER REGION

#### Left shoulder

- Guaicum
- Indium
- Asparagus

#### Right Shoulder

- Sang. Can
- Stron. Carb
- Ferr mr
- Palladium

### PAIN IN LEFT SHOULDER REGION

#### Guaicum

- Pain – shoulder, arms and hands
- <-heat, pressure, cold weather, motion

#### Asparags

- Pain in shoulder, left acromion process, clavicle down the arm

- <-motion, with heart and bladder symptoms

Indium

- Stiff neck and left shoulder down left arm
- Violent pain in head when straining at stool
- Frequent seminal emission

**PAIN IN RIGHT SHOULDER REGION**

Palladium

- Rt. Shoulder, rt. Neck, rt. Hip
- Love of approbation

Sang. Can

- Pain in nape of neck and shoulder
- < night, motion, taking sweets
- > sleep

Stron Carb

- After chronic sprain
- < 1<sup>st</sup> motion, change of weather, rest, sensitive to cold
- > hot water

Ferrum Mur

- Rt. Shoulder, rt. Elbow
- Tendency to cramp
- Anaemia

**CONCLUSION**

Homoeopathy has excellent scope in the treatment of Spondylosis. When there is a good prescribing totality present with patients, the indicated medicine brings marvelous results. When there is no good prescribing totality available, the drugs described above for Spondylosis are helpful but encouraging result when the prescription based on totality of symptoms.

